

MONASTIR SARAH AROESTE

SONG NOTES:

The city of Monastir was the birthplace of my grandfather and my many ancestors before him. When my family was kicked out of Spain following the Alhambra Decree in 1492, they, like many other Spanish Jewish families (known as Sephardim), migrated east towards the Ottoman Empire. My family settled in Monastir, a Balkan city at the commercial crossroads between Turkey and Western Europe, in what is now North Macedonia.

Jews have lived in Macedonia since Roman times; in fact, there is archeological evidence of a synagogue in the ancient town of Stobi, dating back to the 3rd century AD. After the influx of Jews fleeing Spain in the 15th century arrived in the region, Monastir gained the largest Jewish community, followed by Skopje and Shtip, and enjoyed a rich relationship with nearby cities with strong Spanish Jewish presence, such as Salonika, Greece. But the Jews of Monastir enjoyed a unique history, with its own customs, religious observances, linguistic patterns and more. For centuries, with a population height of approximately 11,000 at the turn of the 20th century, the Jewish community of Monastir flourished alongside its neighbors and lived in relative harmony, even through the Balkan Wars of 1912-1913, after which the Ottoman Empire dissolved, and Monastir, renamed as Bitola, was incorporated into Serbian territory. With the end of WWI just a few years later, Bitola would become part of the new state of Yugoslavia.

Throughout these changing political times, and subsequent waves of emigration mostly to Israel, North and South America (my own immediate family came to the United States in 1913), many Jews stayed in their beloved Monastir (as they continued to call it) and kept the Jewish community alive. But nothing could prevent WWII and the Nazi invasion from decimating Monastir and her neighboring Jewish communities.

In 1941, Bulgaria, in alliance with Nazi Germany, occupied the Yugoslav province of Macedonia. On March 11, 1943, 3,276 of Monastir's Jewish men, women, and children were rounded up and transported to their deaths at Treblinka concentration camp. Monastir lost 98% of its Jewish population, and with that, an entire culture.

One of the very few survivors was my grandfather's first cousin, Rachel Nahmias, who was smuggled in the trunk of a car across the border to Albania where she was taken in by a Muslim family to wait out the war. The rest of her family was murdered in Treblinka. At the time of this album recording, Rachel is still alive at 103 years old, and is a true miracle.

Altogether, 7,215 Macedonian Jews perished. Today, there are approximately 200 people who make up a Jewish community in Skopje, and not a single Jew left in Monastir. But the legacy of Jewish Monastir lives on.

This project is the culmination of years of research and collaboration with participants across the globe. After performing in Monastir for the first time in 2017, I was astounded by the reception I received from citizens who were so eager to engage with me and my family history. I was touched beyond measure, especially since no Jews have lived in Monastir since WWII. I knew then that I had to use music, my best form of expression, to do my part in helping to preserve this important slice of history that is at the root of so much of my Sephardic identity.

And so, The Monastir Project was born.

Connecting musicians primarily from Macedonia and Israel, I have selected 10 songs that give an inside look into the life of Jewish Monastir before WWII wiped it out. From *kantikas* (folksongs) to *romances* (narrative ballads often inspired by epic Medieval tales), and from centuries-old melodies to originals, each song in this album has a story for which it merited inclusion here.



Some of the songs are in Macedonian and reference Monastir by name, such as *Od Bitola pojdov* (Track 2), which, along with my Israeli producer, Shai Bachar, we recorded using a chorus made up of Macedonian and Israeli voices. Some songs specifically mention the Jewish quarter that once existed, such as in *Edno vreme si bev ergen* (Track 5), where a non-Jewish man tries to convert a Jewish girl to become "Slavic," a song that surely offers a window into pre-WWII culture of the city as populations lived side by side. This recording features Macedonian star, Sefedin Bajramov, who was born and grew up in a house once owned by Monastirli Jews before the Holocaust.



Jovano, Jovanke (Track 4) is a beloved Macedonian song about two young lovers separated by disapproving parents and was popular among Macedonian Jews and non-Jews alike. The song is introduced on this album by Akiva Eskayo, an Israeli who recalls his Monastirli mother loving this song so much that she sang it on her deathbed as her final words. (A photo of a young Eskayo and his mother can be found on the track's lyric page). The song appears here for the first time translated to Hebrew by Sarajevo-born Sephardic scholar Eliezer Papo, and is sung by Israelis Odelia Dahan Kehila, a prominent member of the Autoridad Nasionala del Ladino in Israel, along with Gilan Shahaf.

Another poignant recording is that of a kindergarten class in present-day Bitola singing *Estreja Mara* (Track 6), their school anthem that celebrates the 21year-old Jewish resistance fighter who died heroically in battle against the Bulgarian army in 1944 (see a photo of Estreya Mara on the track's lyric page). Non-Jewish children growing up today in Macedonia are singing their praise and thanks to this young Jewish woman born 100 years before them. The song also includes an introduction by my dear surviving Monastirli cousin, Rachel Nahmias, reciting a popular Sephardic finger-game to one of my infant daughters.

The other selections on the album are songs in Ladino, the Judeo-Spanish language that Jews spoke after the expulsion from Spain scattered them across the Eastern Mediterranean. Ladino was the mother tongue of Jews from Monastir, and the song selections on this album contain unique Monastirli dialect. Where I have used text or translations from older sources, I have retained the exact spelling and accents from those sources. One such song, *Espinelo* (Track 8), was a *romance* transcribed by ethnomusicologist Max A. Luria in his fieldwork in Monastir in 1927, without melody. I have used Luria's song text which he traced back to 1562 (Flor de enamorados, Barcelona), but while it was preserved orally in Monastir for hundreds of years, there is no known melody from the Eastern Sephardic tradition to accompany it. And so, I have set it to music here. My version features Israeli flamenco star Yehuda (Shuki) Shveiky and tells the epic tale of Espinelo, whose mother threw him into the ocean to avoid the scandal of having had twins (superstition held that a mother who birthed twins was an adulteress, having slept with two men). Fishermen rescued him and presented him to the child-less King who took him in and raised him to the highest ranks. In his new royal station, Espinelo was fawned over by the ladies of Turkey, an allegory for the Jews who were kicked out of Spain and found their salvation in the Turkish Empire. Much like my own family.

Some songs in this album were popular throughout the Balkans, but the specific versions here are unique - either lyrically or melodically – to the Jews of Monastir. In both *En frente de mi te tengo* (Track 7) and *Jo la keria* (Track 3), I have based my arrangements on those of Moritz Romano, the son of the last Rabbi of Monastir, Rabbi Avraham Ben Moshe Romano. As the younger stated in a pamphlet of Ladino music that he arranged in 1985, "For practical reasons, the text of the songs is phonetic, i.e. as it is pronounced." I have not changed Romano's text. The first song, "En frente de mi te tengo," speaks of a passionate love between two people and is sung here by Skopje-born, young Jewish Macedonia opera star, Helena Susha, one of the few remaining Jews in Macedonia. Contrast that with "Jo la keria," also about a lost love, but sung here by Sephardic

Israeli superstar, Yehoram Gaon. One cannot help but think of the Jewish community of Monastir while reminiscing about love and loss in this stunning song.

Two songs of particular meaning for me, are *Oy qui muevi mezis* (Track 1) and *Mi Monastir* (Track 9). The first is a joyous song about giving birth, based on similar songs throughout the region (*kantikas de parida*), but here with unique Monastirli lyrics. When a new Jewish child is born, it becomes a communal affair as the village comes out to greet and celebrate the new baby. As the mother of two small children while recording this project, I have to acknowledge the importance of cultural transmission through the propagation of new generations. It felt right to start this record with a song heralding in new life (shofar blasts, included). Likewise, "*Mi Monastir*" is an original song I wrote based on memories of my grandfather and my cousin Rachel (mentioned above). I have taken many stories of their generation and tried to convey them in this song filled with honor for them and the city they held so dear. Among many symbolic images I allude to in the Monastirli lyrics, the mezuzah is one that stands out. As Rachel's family was taken away on March 11th, 1943, their non-Jewish neighbor took their mezuzah, the signpost on Jewish doors, planning to return it to the family one day. Indeed, years later, the mezuzah was given back to Rachel, an image of which can be found on the song's lyric page.

In fact, in the following pages and text translations, you will see art from old postcards of Monastir, alongside photographs of my own family members from that city. Some include my grandfather ("Mi Monastir") and my *papoo*, my grandfather's grandfather ("Espinelo"); the others are of family members, young and old, who stayed in Monastir and who ultimately perished during WWII.

This musical homage is for all of them and the many others who made up this once vibrant community.

Finally, it must be noted how many people have had their hands in this special project. Over 30 musicians, volunteers, storytellers and contributors (across Jewish, Christian and Muslim faiths, and countries from Macedonia, Israel, USA, Germany and Spain) helped make this album a reality. While I conceptualized and produced each song with my Israeli counterpart, Shai Bachar, I do not sing on every track. This project is bigger than just me.

Monastir is revered by so many. As the lyrics say in the final song, *Bitola, moj roden kraj* (Track 10), written by Macedonian composer Ajri Demirovski in the early 1950's, "Bitola, the city I was born in, I love you, I sing for you / Many cities and villages I have passed, but as dear as you I could not find / Is there anyone, my city, who says good-bye to you and doesn't cry?"

As you listen, may you cry tears for this lost community, but also those of joy that its memories and music live on through the many people inside this album and those who are listening to it now.

Sarah avoiste



1. OY QUI MUEVI MEZIS Traditional (Ladino)

Oh, what nine months
Of discomfort you have had
A son was born
His face like the moon.
Long live the child's mother
With her newborn.

When the midwife Says: Push, push The mother says, -Oh, God, deliver me! Her parents say, -Amen, Amen

Here comes the child's father
With the guests
In his hand he brings
A string of coins
In the other hand
He brings good fish

Here comes the child's father Near the bed. The child's mother says, -Today I did not eat. Quickly bring for her Fattened chicken.

Oh, what a pine,
The pine got green again!
Long live the child's father.
Let him bring us wine!
Oh, what a grapevine
Green again grapevine!
Long live the child's mother
With her newborn!



Oy qui muevi mezis Pasatis d'istrichure Mus nasió un fiju Di care di lune. Bive la paride Cun su criature.

Cuandu la cumadri Dizi Dali dali, dali. Dizi la paride, -0, Dio, iscapadmi. Dizin, la su genti, -Amén, Amén. Ya vieni il paridu Cun lus cumbidadus En la manu trayi Lesta di ducadus. En la otra manu Irayi un buen piscadu.

Ya vieni il paridu A lus pies di la came. Dizi la paride, -Oy no cumí nade. Prestu si li trage Layina insundiade. O, qué buen pinu,
Pinu rivridadu!
Mus bive il paridu.
Qui mus trage vinu!
O, qué parre,
Parre rivridade!
Bive la paride
Cun su criature!





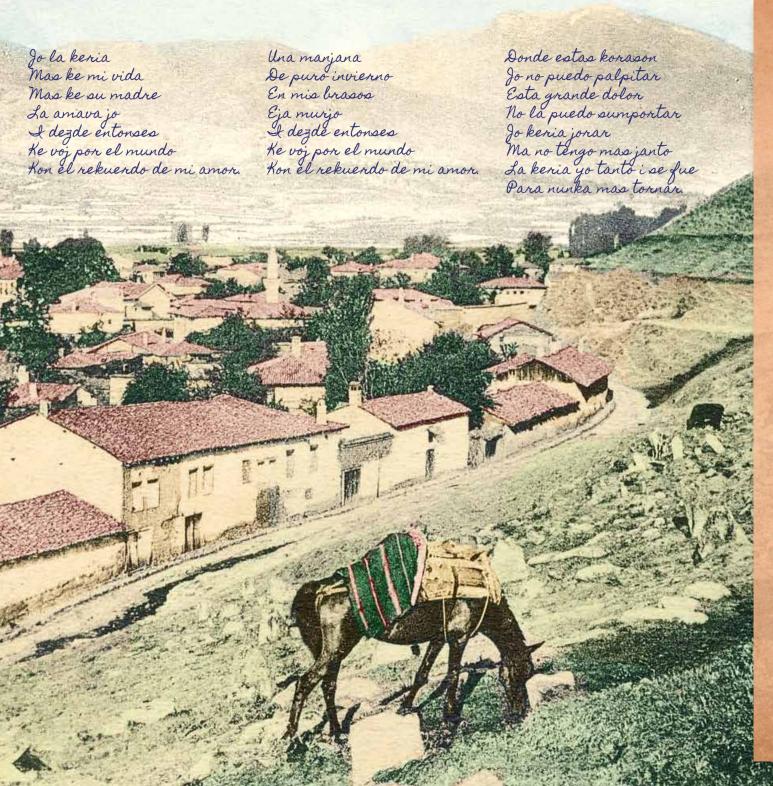
2. OD BITOLA POJDOV

Traditional (Macedonian)

I left Bitola, I came to Prilep, Prilep girls They are all tobacco girls.

Bitola, my beloved Bitola, My dear Monastir. I left Prilep and I came to Veles, Veles girls They are all potters.

I left Veles, and I came to Skopje, Skopje girls They are all millers. I left Skopje, I came to Tetovo, Tetovo girls They are all bean farmers. I went everywhere But I returned to Bitola, Bitola girls They cure all wounds.



3. JO LA KERIA

Traditional (Ladino) ft. Yehoram Gaon

I loved her

More than my own life

More than her mother did

I loved her.

And since then

I pass through the world

Remembering that cherished love.

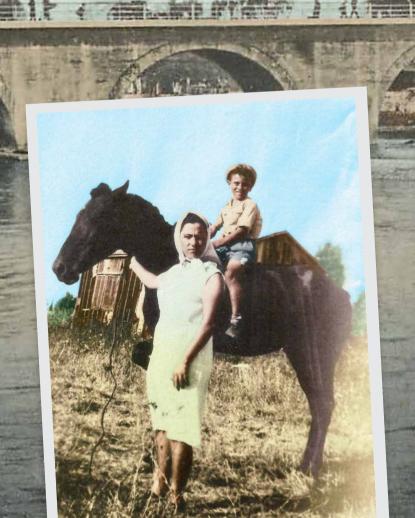
One morning,
In the cold of winter
In my arms
She passed away
And since then
I pass through the world
Remembering that cherished love.

Where are you, my heart?
I am not able to breathe
The pain is so deep
I cannot endure
I wanted to weep
But I have no more tears
I loved her so much and she left
Never to return again.

4. JOVANO, JOVANKE

Traditional (Macedonian); Hebrew Translation: Eliezer Papo ft. Odelia Dahan Kehila & Gilan Shahaf

Joanna, my sweet Joanna, you sit by the Vardar, bleaching your white linen, bleaching your white linen, my dear, looking upward. Joanna, my sweet Joanna, I'm waiting for you to come to my home, and you don't come, my dear, my heart, Joanna. Joanna, my sweet Joanna, your mother doesn't let you come to me, my dear, my heart, Joanna.



יובנו יובנקה אויה לי אינוך אוי לי לך אינה נורשה היא אלי נשנוה שתגיעי ליבי ליבי יובנה יובנו יובנקה לך אני מחכה אל ביתי הגיעי כבר אך את נשמה אינך מגיעה ליבי ליבי יובנה יובנו יובנקה על שפת הברדר יושבת בד לבן הינך כובסת בד לבן נשמוה את כובסת כל אימת נושאת מבט כל אימת נושאת מבט Edno vreme si bev ergen, em rabota si nemav. Ira la, laj la, lala, lalalaj em rabota si nemav.

Pa si trynav na proshetka, na proshetka vo Bitola. Iraj lalaj lalalalalaj na proshetka vo Bitola.

Na proshetka vo Bitola, niz evrejskite maali. Iraj lalaj la lala lala laj niz evrejskite maali.

Jam si sretnav moma Evrejka, so kosi rastureni. Iraj lalaj lalala lala so kosi rastureni.

I je rekov na slavjanski da se storit slavjanka. Iraj lalaj lalalalalaj da se storit slavjanka.



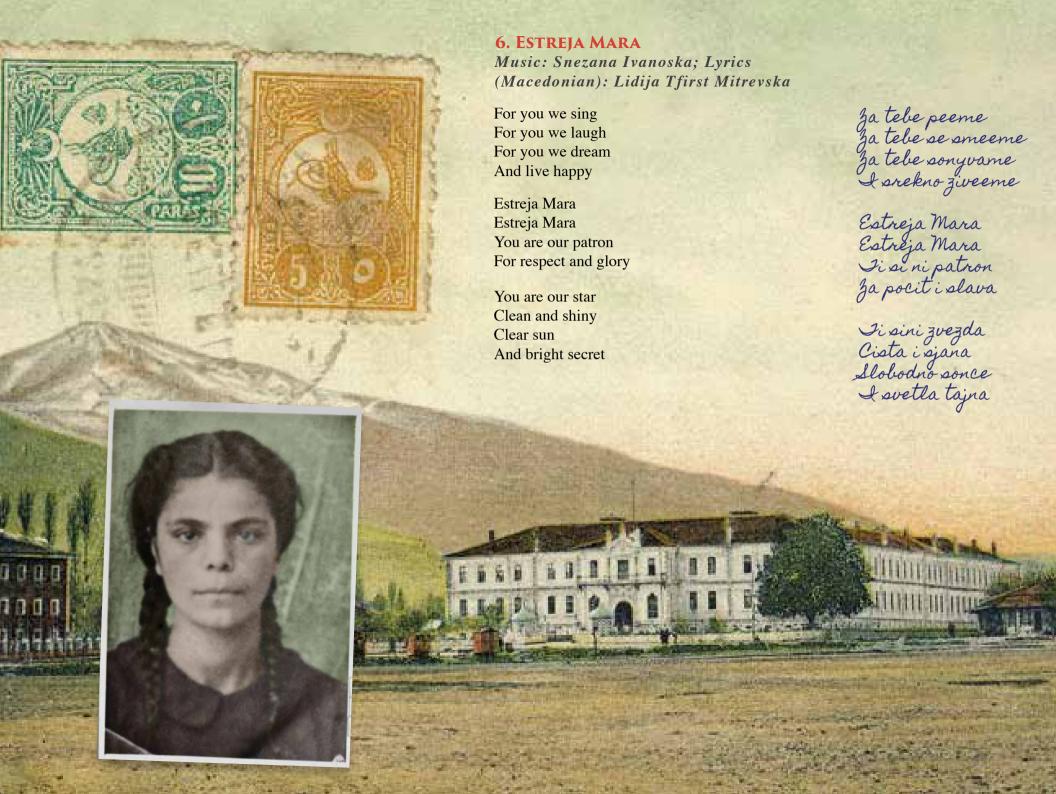
5. EDNO VREME SI BEV ERGEN

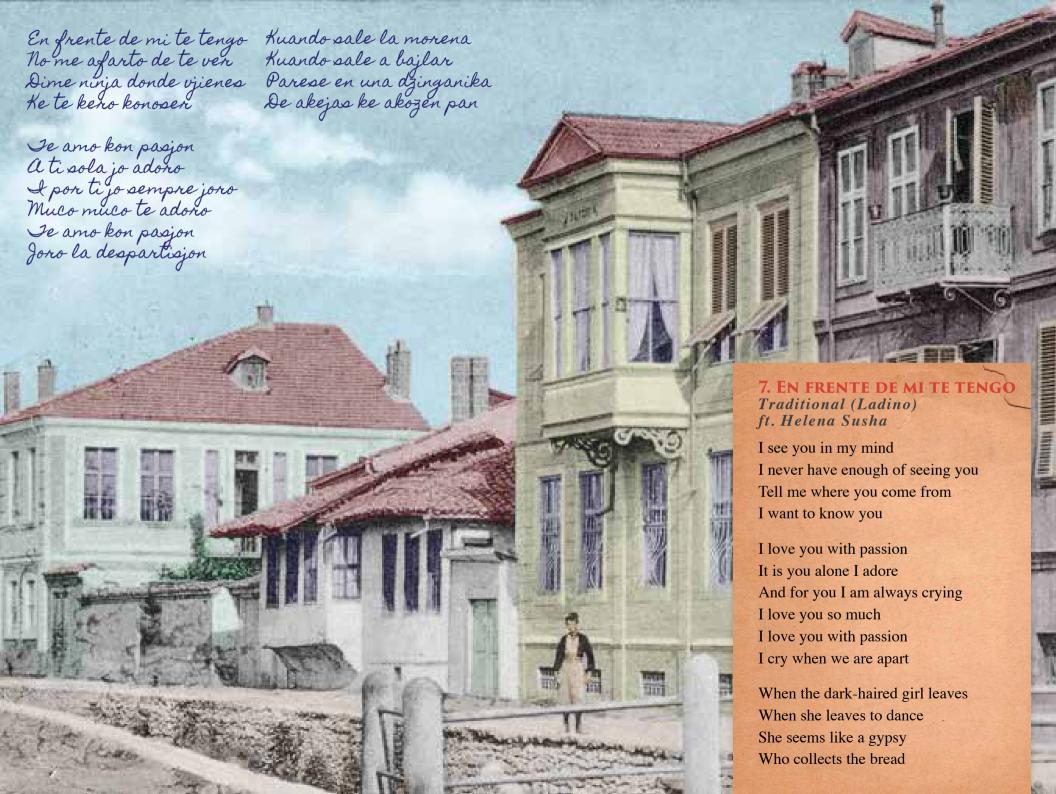
Traditional (Macedonian) ft. Sefedin Bajramov

One time I was a bachelor, Even a job I didn't have. La, la, la, la, la, la, Even a job I didn't have.

So I left for a stroll, For a stroll in Bitola. La, la, la, la, la, la, For a stroll in Bitola. For a stroll through Bitola, Through the Jewish neighborhoods. La, la, la, la, la, Through the Jewish neighborhoods.

There I met a Jewish girl, With messy hair. La, la, la, la, la, With messy hair. And I told her in Slavonic For her to become Slavic. La, la, la, la, la, For her to become Slavic.





8. ESPINELO

Music: Sarah Aroeste Lyrics: Traditional (Ladino) ft. Yehuda "Shuky" Shveiky

Paris is sleeping
From the deep sleep that came over him,
On a soft bed,
With a coverlet of carnations.

Three ladies watch over him,
The most elegant ladies of Turkey.
One is combing his beard,
The other is cooling him with a fan;
The youngest of them,
Is mopping his brow.

The Moorish king
Went to visit him:
"Who was your father, Espinelo,
Who honored you so?"
"I am the son of the King of France
And the Queen of Turkey.
My mother, with great pride
Published a proclamation:
'Every woman who bore twins,
Was to be called an adulteress.'
God will not favor injustice;
The dishonor fell upon her.

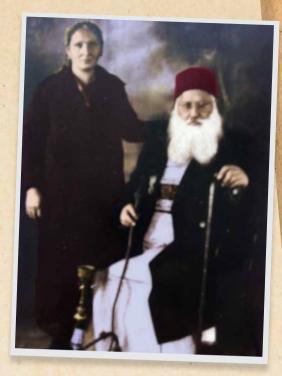
She gave birth to me and to Diligdoze, Both at one time. She had Diligdoze cared for And threw me into the sea. Fishermen who were fishing, Saved me from the sea." They took him to the king; He adopted him as his son. They put him in the high towers, The highest in the town.

Three ladies watch over him,
The most elegant ladies of Turkey.
One is combing his beard,
The other is cooling him with a fan;
The youngest of them,
Is mopping his brow.

Durmiendo s'istá Parizi, Dil isqueñu qui lu tumó. La came tieni di colche, Cuviente tieni di graviyine.

Ires dames lu stá mirandu, Laz mijoris di Iurquie. La une li peine la barve, La otre frescu li fazie, La mas chiquitique di eyes, Las sudoris l'alimpiave.

Lu fueron a vijitar
Al moru di la muririe,
Di quen sos fiju, Spinerle,
Qui tan onre vus fazie?
- Yo so fiju dil rey di Fransie
Y di la reine di Jurquie.
Mi madre, cun grandi visiu
Mando aprigunar un die:
Jode mujer qui dos parie,
Qui la yami Diligdoze.
Al Dio no quiju lu tuertu;
An eye li cayó la dizonre.



Mi parió a mi y a mi Diligdoze, Joduz dos in aqueye ore. A mi Diligdoze la dio a criar Y a mi m'icho pur la mar fonde. Piscadoris qui staven piscandu, Mi piscarun in aqueye ore."

Si lu givarun ondi il rey; Si l'aprifirió pur fiju. Lu mitierun in altes torris Maz altes qui une sivdad.

Ires dames lu stá mirandu, Laz mijoris di Iurquie. La une li peine la barve, La otre frescu li fazie, La mas chiquitique di eyes, Las sudoris l'alimpiave.

9. MI MONASTIR

Music and Lyrics (Ladino): Sarah Aroeste

Monastir, we do not forget you Your children honor you. We breathe your smells, Waiting to return; We hold on to your voices, Waiting to return.

Monastir, bring me home
Where the dusty streets call to me
The stars on the walls speak to me
The memories sing to me

I see you walking in the courtyard Laughing with cousins and friends. Eating taralikus And always standing tall; Playing little games And always standing tall.

Your spirit is pure joy
Even flowers laugh with you.
Tickling us with stories
All the honor to you;
Cherishing the moments
All the honor to you.

Across my mind I see a fez, a crochet, a mezuzah, Kindness, knowledge and tzedaka.

A tableau of mixed colors that is you, Monastir.

Monastir, nu tulvidamus

Jua kriaturas ti unoran.

Rispiramus tus guloris,

Aspirandu turnar;

Hwardamus tus bozis,

Aspirandu turnar.

Monastir, tráyimi a kaze Ondi las kayis mi yaman Las streyas mi avlan Las mimorias mi kantan



Ji veyu kaminar in il kurtiju Riyendu kun primus i amigus. Kumiendu taralikus I siempri tan altu; Djugandu djugitus I siempri tan altu.

In alme is pure alignia
Mizmu las floris riyin kun ti.
Kushkiyandumus kun kwentus
Kol akavod pare ti;
Aprisyandu lus mumentus
Kol akavod pare ti.

In mi tinu veyu une fez, un krushé, une mizuzá, Bwendá, saviduría i sidaká. Un tabló di miskladas sus tu, Monastir.



PRODUCTION CREDITS:

Executive Producer: Sarah Aroeste

Musical Producer and Arrangements: Shai Bachar Mixing and Mastering Engineer: Tal Ethan Rom

Studio Engineer: Mimi Markovski, Studio Gimmel, Bitola, Macedonia

Art Design: Amos Funk



MUSICIANS (in alphabetical order by last name):

Vevki Amedov - Macedonia (clarinet, Tracks 2, 10; vocalist, Track 2)

Sarah Aroeste - USA (vocalist, Tracks 1, 2, 3, 5, 9, 10)

Shai Bachar - Israel (piano, keyboards, Tracks 2, 3, 4, 5, 6, 9, 10)

Sefedin Bajramov - Macedonia (vocalist, Tracks 2, 5)

Gergely Barcza - Israel (saxophone, Balkan woodwinds, Tracks 2, 7, 10)

Dan Ben Lior - Spain (guitar, Track 3)

Itamar Doari - Israel (percussion, Tracks 2, 5, 6, 7, 8, 10)

Yonnie Dror - Israel (wind instruments, Tracks 1, 5, 7)

Fima Ephron - USA (electric bass, Track 9)

Akiva Eskayo - Israel (spoken word, Track 4)

Yehoram Gaon - Israel (vocalist, Track 3)

Shay Hamani - Israel (electric bass, baglama, Track 8)

Rony Iwryn - Israel (percussion, Tracks 1, 4)

Sui Generis Women's Choir - Israel (Track 9):

Rinat Pardo Belinco

Sarit Chen

Michal Daboosh

Liron Levy Efrati

Elina Gal

Talia Yona Kliger (choir leader)

Dalit Adele Twizer

Odelia Dahan Kahila - Israel (vocalist, Track 4)

Talia Yona Kliger - Israel (vocalist, backing vocal producer, Tracks 1, 2, 3, 7, 10)

Rachel Kornberg - Monastir/USA (spoken word, Track 6)

Yael Lavie - Israel (qanun, Track 8)

Mimi Markovski - Macedonia (vocalist, Track 2)

Nasrine Rahmani - Spain (percussion, Track 3)

Dave Richards - USA (acoustic bass, Track 3)

Gilan Shahaf - Israel (vocalist, Track 4)

Uri Sharlin - Israel (accordion, Tracks 2, 5, 7)

Yehuda (Shuky) Shveiky - Israel (vocalist, guitarra flamenca, Track 8)

Yaron Suriano - Israel (acoustic bass, Track 7)

Helena Susha - Macedonia (vocalist, Track 7)

Tal Yadin - Germany (guitar, Tracks 4, 9)

Estreja Ovadija Mara Kindergarten Chorus - Macedonia (Track 6):

Anastasija Angelkovska

Anisija Delev

Mila Drogiski

Marija Georgievska

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